

# January 2018 Ben Milam PK Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk is served with every meal. Fresh fruit is served daily	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> sausage roll, juice  Cheese burger, lettuce, tomato, tater tots, fruit, mustard, ff mayo, ketchup	<b>5</b> Cereal, graham cracker, Fruit  cheese pizza, corn, fruit	<b>6</b>
<b>7</b>	<b>8</b> bagels, fruit  Chili cheese dogs, tater tots, fruit	<b>9</b> biscuit/sausage, juice  Beef nachos, <b>pinto beans</b> , fruit, chips	<b>10</b> pancakes, fruit  Chicken nuggets, mashed potatoes, gravy, mixed veggies, fruit, bread	<b>11</b> sausage roll, juice  Cheese burger, lettuce, tomato, tater tots, fruit, mustard, ff mayo, ketchup	<b>12</b> cereal, graham cracker Fruit Pepperoni pizza, corn, broccoli/cheese, fruit	<b>13</b>
<b>14</b>	<b>15</b> MLK DAY	<b>16</b> chocolate chip muffin, juice,  beef tacos, salad, fruit, cheese, <b>pinto beans</b> ,	<b>17</b> french toast sticks, little smokies, fruit  Steak fingers, mashed potatoes, sliced carrots, fruit, bread, gravy	<b>18</b> waffles, juice  Hamburger, tater tots, salad, fruit, mustard, ketchup, ff mayo	<b>19</b> cereal, graham cracker, fruit  cheese pizza, corn, fruit	<b>20</b>
<b>21</b>	<b>22</b> br pizza, fruit Corn dogs, mac/cheese, broccoli, fruit, mustard, ketchup	<b>23</b> biscuit/sausage, juice  Beef nachos, <b>pinto beans</b> , fruit, chips	<b>24</b> pancake on a stick, fruit  Sausage wrap. Tater tots, Fruit, mustard, ketchup	<b>25</b> sausage roll, juice  Cheese burger, lettuce, tomato, tater tots, fruit, mustard, ff mayo, ketchup	<b>26</b> cereal, graham cracker Fruit Pepperoni pizza, corn, fruit	<b>27</b>
<b>28</b>	<b>29</b> br pizza, fruit Corn dogs, mac/cheese, broccoli, fruit, mustard, ketchup	<b>30</b> chocolate chip muffin, juice, beef tacos, salad, fruit, cheese, <b>pinto beans</b> ,	<b>31</b> french toast sticks, little smokies, fruit Steak fingers, mashed potatoes, sliced carrots, fruit, bread, gravy	<b>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</b>		