

## August 2018 Ben Milam Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk is served with each meal Fruit is served with each meal Vegetable is served with each meal. All meals may change without notice			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
5	6	7	8	9	10	11
12	13	14	<b>15</b> blueberry muffins, juice Corn dogs, <u>pinto beans</u> , baby carrots, fruit, mustard, ketchup, ff ranch	<b>16</b> pancake on a stick, fruit Cheeseburger on bun, tater tots, shred lettuce, tomato, fruit, mustard, ketchup, ff mayo	<b>17</b> cereal, graham crackers, juice Pepperoni pizza, corn, <u>garden salad</u> , fruit, ff ranch	18
19	<b>20</b> waffles in a bag, fruit, milk Chili/cheese dog, veggie beans, baby carrots, fruit, chips, ff ranch	<b>21</b> br. pizza, juice Chicken fajitas, shred cheese, <u>pinto beans</u> , shred romaine, tomato, fruit, salsa, ff ranch	<b>22</b> chicken patty/biscuit , fruit Chicken nuggets, mashed potatoes, gravy, broccoli, fruit, bread	<b>23</b> chocolate chip muffin, juice Hamburger on bun, tater tots, shred lettuce, tomato, fruit, mustard, ketchup, ff mayo	<b>24</b> cereal, scooby doo, fruit Cheese pizza , corn, green beans, fruit	25
26	<b>27</b> biscuit/sausage fruit Sausage wrap, tater tots, green beans, fruit, mustard, ketchup	<b>28</b> sausage roll, juice Sloppy joe on bun, <u>pinto beans</u> , baby carrots, fruit, ff ranch	<b>29</b> french toast, little smokies, fruit Steak fingers, brown rice, gravy, peas & carrots, celery sticks, fruit, bread	<b>30</b> burrito, juice Cheese burger on bun, tater tots, shred lettuce, tomato, fruit, mustard, ketchup, ff mayo	<b>31</b> cereal, scooby doo, fruit Cheese pizza , corn, green beans, fruit	<b>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</b>