

October 2018 Cam Elem/Jr Hi line 2

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk is offered with every meal, Juice is offered at breakfast only Cereal is offered at breakfast only Fruit is offered with every meal	1 ham/cheese or turkey/cheese sandwich, carrot sticks, celery sticks, apple, chips, cookies, ketchup, ff mayo, mustard, fruit Early release	2 cheese or pepperoni pizza, corn, garden salad , Ff ranch, fruit	3 chicken spaghetti or egg roll, broccoli/cheese, pinto beans , bread sticks, ff ranch, sweet & sour sauce fruit	4 Hamburger or cheeseburger, tater tots, shred romaine, tomato, onion, pickles, ketchup, ff mayo, mustard, fruit	5 Baked potato with: ham or chicken fajitas, butter, crackers, garden salad, sour cream, salsa, cheese, ff ranch fruit	
7 All meals are subject to change without prior notice due to availability of product	8 Student Holiday	9 cheese or pepperoni pizza, corn, garden salad , Ff ranch, fruit	10 nachos or BBQ beef on a bun, pinto beans , garden salad , BBQ sauce, ff ranch fruit	11 Hamburger or cheeseburger, tater tots, shred romaine, tomato, onion, pickles, ketchup, ff mayo, mustard, fruit	12 Corn dog or fish, mac/cheese, veggie beans, celery sticks, bread, ketchup, mustard, fruit	
14	15 cheese or pepperoni pizza, corn, garden salad , Ff ranch, fruit	16 spaghetti/meat sauce or egg roll, pinto beans , broccoli/cheese, garlic bread, sweet & sour sauce, fruit	17 Baked chicken or chicken tenders, sliced carrots, br. rice, peas, gravy, wheat bread, fruit	18 Hamburger or cheeseburger, tater tots, shred romaine, tomato, onion, pickles, ketchup, ff mayo, mustard, fruit	19 Baked potato with: ham or chicken fajitas, butter, crackers, garden salad, sour cream, salsa, cheese, ff ranch fruit	
21	22 cheese or pepperoni pizza, corn, garden salad , Ff ranch, fruit	23 lasagna or egg roll, garden salad, garlic bread, sweet & sour sauce, fruit	24 frito pie or shredded pork on a bun, pinto beans , garden salad , BBQ sauce, fruit	25 Hamburger or cheeseburger, tater tots, shred romaine, tomato, onion, pickles, ketchup, ff mayo, mustard, fruit	26 Corn dog or fish, mac/cheese, veggie beans, celery sticks, bread, ketchup, mustard, fruit	
28	29 cheese or pepperoni pizza, corn, garden salad , Ff ranch, fruit	30 chicken alfredo or egg roll, garden salad, garlic bread, sweet & sour sauce, fruit	31 enchiladas or shredded pork on a bun, pinto beans , garden salad , BBQ sauce, fruit, salsa			

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 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410: (202) 690-7442; or Email: program.intake@usda.gov.