

April 2019 BEN MILAM LUNCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk is offered with each meal, juice is offered at breakfast only. Fresh fruit is offered daily	1 cereal, crackers, fruit Sausage wrap, peas, celery sticks, mac/cheese, mustard, ketchup, fruit	2 biscuit/sausage, juice Chicken nuggets, mashed potatoes, gravy, mixed veggies, fruit, bread	3 donut holes, fruit Corn dog, <u>pinto beans</u> , sliced carrots, fruit, mustard, ketchup	4 breakfast pizza, fruit Hamburger on bun, tater tots, lettuce, tomato, fruit, sliced pickles, mustard, ketchup ff mayo	5 cereal, crackers, fruit Pepperoni pizza, corn on the cob, broccoli, fruit	6
7	8 cereal, crackers, fruit Bean/cheese burrito, <u>pinto beans</u> , romaine lettuce, tomatoes, ff ranch, fruit	9 pancake on a stick, juice Fish, broccoli, baby carrots, mac/cheese, fruit, ketchup	10 blueberry muffin, fruit Chicken tenders, brown rice, gravy, peas & carrots, green beans, fruit, bread	11 sausage roll, juice Chicken burger, tater tots, lettuce, tomato, fruit, pickle spears, mustard, ketchup, ff mayo	12 cereal, scooby doo crackers, fruit Cheese pizza, corn, garden salad, fruit, ff ranch	13
14	15 cereal, crackers, fruit Steak fingers, brown rice, gravy, green beans, fruit, broccoli, bread	16 br pizza, juice Soft beef tacos, <u>pinto beans</u> , romaine lettuce, tomatoes, fruit, salsa, cheese	17 pancake in a bag, fruit Baked potatoes, ham/cheese, shred romaine, tomatoes, fruit, garlic sticks, butter	18 biscuit, sausage patty, Juice Cheeseburger, tater tots, shred lettuce, tomatoes, fruit. Sliced pickles, mustard, ketchup, ff mayo	19 School Holiday Good Friday	20
21	22 cereal, crackers, fruit Chili/cheese dog, <u>pinto beans</u> , baby carrots, fruit	23 sausage roll, juice Beef nachos, shred romaine, tomatoes, ff ranch, chips, celery sticks, fruit	24 chocolate chip muffin, fruit Popcorn chicken, mashed potatoes, gravy, mixed veggies, bread, fruit	25 pancake on a stick, juice Hamburger, tater tots, lettuce, tomatoes, fruit, pickles, mustard, ketchup, ff mayo	26 cereal, crackers, fruit Pepperoni pizza, corn, garden salad, fruit, ff ranch	27
28	29 cereal, crackers, fruit Corn dog, mac/cheese, green beans, carrots, fruit, mustard, ketchup	30 biscuit/sausage, juice Crispito/chili/cheese, <u>pinto beans</u> , shred romaine, tomatoes, fruit, ff ranch				

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (202) 690-7442; or Email: program.intake@usda.gov.